Raman is a seasoned Hatha Yoga and Ashtanga VinayasaYoga practitioner. He is a certified Yoga Siromani (Yoga Teacher) from Sivananda Ashram and a registered Yoga teacher with Yoga Alliance USA. He has undergone multiple Vipasanna (Dhammapada) meditation courses and is a half marathoner/runner.







#### Y O G A V E D A N T A F O R E S T A C A D E M Y

# THE INTERNATIONAL SIVANANDA YOGA VEDANTA CENTRE

H E A D Q U A R T E R S SIVANANDA ASHRAM YOGA CAMP 8TH AVE., VAL MORIN, QUEBEC JOT 2RO, CANADA

Whereas by the Grace of God, the title

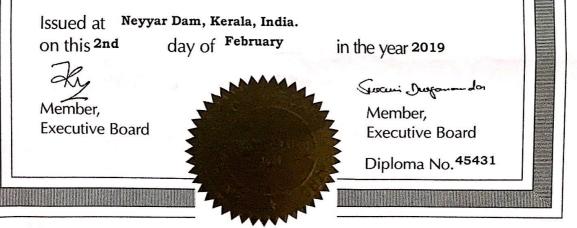
### YOGA SIROMANI

Teacher of Yoga has been awarded to

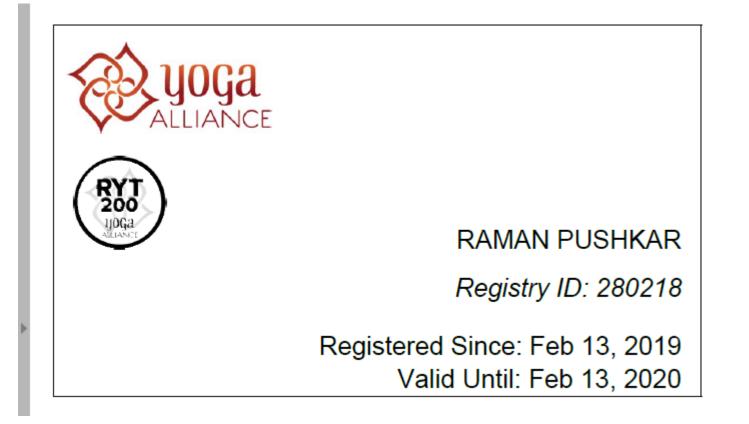
### **RAMAN PUSHKAR**

for training rendered and meritorious services rendered in the field of **PROPAGATION OF YOGA** 

We make this award in token of such recognition with a prayer to the Almighty to bless the recipient hereof with health, long life, peace, prosperity and spiritual enlightenment.



#### Scanned with CamScanner



https://www.yogaalliance.org/Directory-Registrants?type=Teacher&name=raman%20pushkar



## **Be Healthy Week**

Awarded to Raman Pushkar

Be Healthy REFS Team

#### In recognition of

Leading Yoga Awareness Session for our associates at NKC & GV during Be Healthy Week celebration 2018

Hyderabad, India Date: May 25, 2018





## YOGATHON

#### **Certificate of Achievement**

Congratulations and kudos on creating a record with your 108 Surya Namaskars!

This certificate has been presented to:

Ramon Pushkar \*

